



HOMOEOPATHIC SPIRIT

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MEDICAL COLLEGE**

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EDITORIAL

Here we are presenting the last
or the 4th volume of this year's
Homoeo Spirit with all of you.

The Year 2022 has shown great amount of health and
wealth improvement worldwide as the Covid Pandemic
seems to be weaning of but chances of new variants also
eludes overhead of all of us.

Jawaharlal Nehru Homeopathic Medical College has shown
a four fold improvement in overall development of its
students.

From Topping the 3rd BHMS University Exams to achieving
significant accolades in sports and co-curricular activities
says it all about the brilliant performance of the students.

Our services to the suffering mankind are well evident as
the Hospital team keeps on planning awareness programs
from time to time as well as organizes various medical
camps.

The College also thank the management for providing
world class amenities and infrastructure for nurturing the
students.

True to say feel the difference ,

“Be Here Be Vibrant”

The Fundamental Subject In Correlation With Homoeopathic Subject Scientifically

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- Most of the knowledge what now we have a bout the sphere of action is mainly from toxicology or from clinical proving.
- The lack of understanding about localization is so true, if we consider the mental symptoms, which are still the main key for the selection of simillimum.
- The knowledge on CNS (neurology) is still in rudimentary form since it is a recently evolungscience and most of the knowledge what we acquire in this field is only after 1950.
- This knowledge was not in existance during Hahnemannian time (proving) or Herring's period(reproving) So now, we are only reading about the mental symptoms, though it is very important, wenever other about which part of the brain is involved in all these things and what is the mechanism behind this.
- Though it is a retrograde theoretical study to correlate the drug symptoms with the part of the brain, It will be aneware a for the study of homoeopathic subjects with the help of Knowledge of Anatomy.
- Conclusion:
- Parts of the body or Organ remedies
- The characterizing value of Locality is often under rated by contemporary homeopathic practitioners. This may stem from a confusion between how we look at Local disease (as described in aphorisms 185-203 in Hahnemann's Organon), versus how we can look at Locality as a characterizing dimension of complex symptomatology.

- The observation that we can generalize modalities and sensations and apply them by analogy across localities, along with the central importance of the mental or emotional state suggested by Hahnemann's aphorisms 210-213, the writings of Kent, and the teachings of many contemporary lecturers has sadly placed locality some where in the background of our attention.
- "The seat of the disease ... deserves to be more particularly emphasized, as it frequently furnishes a characteristic symptom, since almost every medicine acts more and also more certain particular parts of the living organism."
- A Contribution to the Judgement Concerning the Characteristic Value of Symptoms-Boeninghausen
- Perhaps no other name is as closely related to the topic of Locality, as that of James Compton Burnett (1840-1901).
- BURNETT...
- Burnett was born in Redlynch, England in 1840. He attended medical school in Vienna in 1865, where he remained 2 additional years studying Anatomy, receiving a gold medal for his accomplishments in that field.
- He graduated from Glasgow in 1872 and completed an internship for his MD degree at Barnhill Parochial Hospital and Asylum in Glasgow in 1876.
- Rademacher published his 1600-page *Erfahrungheillehre* (empiric medical practice) in 1841, giving birth to the practice of Organopathy
- Rademacher's Organopathy—drawing on Paracelsus to rationally support his empirical observations
- As with Hahnemann, Rademacher did not seek the nature of the diseases in the “invisible interior of the organism” but rather identified them by similitude to other remedial substances – Celandine liver disease, Cardus Mariae liver disease, etc.

- Remedies were selected on the basis of their affinity for the organ in which the disease was felt or eside, and differentiated further on the basis of the “genus” of the disease –a conceptless well defined than Hahnemann’s totality of symptoms, and based on empiricism and consideration sarcane to the practice.
- This concept of “specificity of seat” of a remedy, and Burnett’s borrowed Organopathicconcept of organ-specific remedies for diseases “of the organs,” seem to stand in conflictwith the homoeopathic understanding of disease originating in the dynamic plane, and of remedies acting on the dynamis, rather than on specific tissues ofthe body.
- Burnettfuelst his seeming contradiction with his assertion (in Diseases of the Liver): "That the organ in the organism does indeed possess not only autonomy but he gemony, i.e.the organisam independent state in it self and in and on the organism exercises an important influence.
- James Tyler Kent speaks to this in his 1912 article, Remedies Related to Pathological Tissue Changes.
- Disease may exist, and remedies may act, on the dynamic plane; but there are clearly observable patterns in which the dynamic disharmonies manifest andeventuate in the tissues.
- The medicinal disease of Lycopodium and those natural diseases bearing similitude to Lycopodium exist in the dynamis and not really in the gut the liver or the right side of the body yet these dynamic diseases preferentially manifest in these tissues.
- It would be difficult to describe Lycopodium without referring toits specificity of seat in the gut the biliary tree and the right side of the body and it would be difficultto prescribe this remedy in a case where disharmony was not expressed in these localities.
- Where does Locality come in as a characterizing dimension of disease or of remedialaction?

- In the study of remedies, there is often a clear display of “seat” in a remedy.
- Below display the number of references to several remedies in each region-of-body section of the Repertory and This is for Ledum, Rhododendron, and Kalmia, three members of the botanical family Ericaceae.
- For these remedies, a strong specificity of seat is demonstrated for the urinary tract with a pre - ponderance of symptoms in the Bladder ,Kidney , Prostate, Urethra and Urine sections of the Repertory.
- This is not to suggest that these remedies act directly on or through those tissues – but rather than the disharmonies with which these remedies are associated manifest preferentially in these localities.
- And this allows us to have a purely homoeopathic perspective on Burnett’s “organ remedies”
- Chelidonium is not really a remedy that acts on the body through the liver but are medy whose dynamic disharmony expresses preferentially in (whose specificity of seat is in)the liver and biliarytree.
- Burnett suggested so much himself when in his Diseases of the Spleen he wrote:
- I am not maintaining that treating an organ affection by an organ remedy after themanner of Hohenheim, Rademacher and their respective co-doctrinaires, will stand as a medical system in it self but that it is eminently workable and is largely of the nature of elementary homoeopathy is in fact specificity of seat..
- Whatever else Cantharis may be, it is first and foremost a kidney medicine; whateverelse Digitalis may be it is primarily a heart medicine; and let Belladonna be what it may it is before all things an artery medicine and just in this sense CeanothusAmericanusis a spleen medicine.

Homoeopathic Management In Bronchial Asthma



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- Introduction:
- Asthma is a chronic disorder of the conducting airways, usually caused by an immunological reaction that is marked by episodic bronchoconstriction due to increased airway sensitivity to a variety of stimuli; inflammation of the bronchial walls; and increased mucus secretion. The disease is manifested by recurrent episodes of wheezing, breathlessness, chest tightness, and coughing particularly at night and or in the early morning.

Risk factors:

- Endogenous Factors: Genetic Predisposition, Ethnicity, obesity & early viral infections.
- Environmental Factors: Indoor & Outdoor allergens, passive smoking, Respiratory infections, Air Pollution etc.
- Triggering factors involved in asthma: Allergens, URTI, Cold air, Drugs-beta blockers, Aspirin, Irritant etc.

Types Of Asthma:

- Atopic Asthma is most common type of asthma is a classic example of IgE-mediated (type I) hypersensitivity reaction.
- The disease usually begins since childhood and is triggered by environmental allergens such as dusts, pollens, cockroaches, animal dander and foods.
- Non-Atopic Asthma Individuals with non-atopic asthma do not have evidence of allergen sensitization and skin test results are usually negative.

Patho-physiology Of Asthma:

- T-lymphocytes play a key role in asthmatic airway inflammation and sensitization. Airway inflammation is central to disease and causes airway dysfunction partly through the release of potent inflammatory mediators and partly through remodeling of the airway wall.
- Exposure to an inducing factor sensitizes T cells of a person with genetic susceptibility with bronchial asthma.

Clinical Features:

Symptoms:

Episodic breathlessness

wheezing

cough and

Chest tightness are important symptoms of bronchial asthma.

Sign:

Increased respiratory rate

Flaring of alae nasi, use of accessory muscles of respiration and pulsus paradoxus may be detected.

Examination Of Chest:

- **Auscultation:** Rhonchi are heard as the most prominent sign of asthma especially during expiration.

Differential Diagnosis:

- **COPD & ASTHMA:** History of smoking, exertional dyspnoea and lack of symptoms-free periods diagnosis of COPD, whereas nocturnal worsening, chest - tightness, episodic pattern and good response to bronchodilators and steroids diagnosis of asthma.
- **ALVF & ASTHMA:** wheezing and dyspnoea especially at nights, Dyspnoea starting 1 to 2 hours after sleep, history of heart disease, inspiratory crackles and gallop rhythm diagnosis of left ventricular failure While early morning dyspnoea and response to bronchodilators are characteristic of asthma.

Investigation:

- **Blood:** Eosinophil count-increased and Serum IgE Level elevated, Chest Radiograph, Radiograph of the chest may show hyperinflation in a patient with asthma.
- **HRCT:** Areas of Thickening of the Bronchial Wall in Patients with Severe Asthma
- **Skin Prick Test:** Skin prick test is positive in allergic asthma.
- **PFT:** Peak expiratory flow rate (PEFR) and forced expiratory volume in one second (FEV1) are most useful in diagnosis and assessing the severity of asthma.

Homoeopathy Management Of Bronchial Asthma:

- Homoeopathy is the science based on laws of similar, it means treats the disease with medicines producing similar symptoms. Asthma comes under true natural chronic diseases caused by chronic miasm it is also excited by a number of precipitating and maintaining factors and influenced by family history. Following Homoeopathic remedy commonly used for asthma-
- **Natrum Sulphuricum:** It is very important remedy for asthma in children, Humid Asthma with every change to wet weather, rainy weather, Dyspnoea during damp weather. Asthma aggravated in damp weather
- **Arsenicum Album:** Asthmatic breathing must sit and bend forward, springs out of bed at night, after twelve o' clock. Unable to lie down fear of suffocation, as well as patient's restlessness with nightly aggravation.
- **Cassia Sophera:** Dyspnoea winter aggravation, the complaint aggravates after exposure to dust, change of weather cold drinks, light, exertion, smoke, hoarseness of voice, asthma associated with itching.
- **Aspidosperma:** It stimulates the respiratory centers and increases the oxygen in the blood. It removes temporary obstruction to the oxidation of the blood by stimulating respiratory centers.
- **Blatta Orientalis:** It is remedy for asthma, especially associated with bronchitis, indicated after arsenic.
- **Antimonium Tartaricum:** It is clinically used to treatment of respiratory diseases, rattling of mucus with little expectoration is the guiding symptoms. Drowsiness, debility and sweat characteristic of this drug.
- **Grindelia Rob:** Can not breath when lying down must sit up to breath it is a remedy for wheezing and oppression of chest.

- **Ipecacuanha:** Breathing difficulties with minimal exercise, violent dyspnea with wheezing, and constant chest constriction. Asthma attacks cause difficult shortness of breath every year. The child becomes stiff and blue in the face.
- **Nuxvomica:** Asthma with fullness in stomach, morning and after eating oppressed breathing.

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Doctrine Of f Signature - An Elucidation Of Nature

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- **Abstract:** In the previous times when patients became sick they tried different plants for their treatments. From Centuries, humans have looked to nature to provide medicine for a wide range of ailments. But how did our old progenitor know which plants to pick? People have used plant's morphology to understand its medicinal properties. This is "doctrine of signatures", and it dignifies that plants which resemble the condition or body part, in some way treat or alleviate the illness. If we agree this, then walnuts, which look like brains, can relief headaches and madness; and even the scarlet roots of bloodroot could treat diseases of the circulatory system.
- **Key Words:** Signature, Doctrine, Herbalists
- **Introduction:** Meaning of "Doctrine" a particular principle. Signature means "identification, indication "Doctrine of signature gives us a picture of the physical characteristics of a plant and its therapeutic value. Paracelsus (1493-1541) told about doctrine of signature as "Nature marks each growth ... according to its curative benefit." Doctrine of Signature also has a more specific meaning. It is believed that the Creator gave physical clues about the value he imbued to plants.

- **In 1684, William Coles said:** Though Sin and Sathan have plunged mankind into an Ocean of Infirmities, yet the mercy of God which is over all his works, make the Grass to grow upon the Mountains, and Herbs for use of man, and hath not only stamped upon them a distinct form, but also given particular Signatures, whereby man read, even in legible characters, the use of them.
- **In 1669 Oswaldus Crollius declared:** All herbs, flowers, trees, and other things which proceed out of the Earth, are books, and magic signs, communicated to us, by the immense mercy of God, which signs are our medicine. For everything that is intrinsic, bares the external figure of its occult property.

Discussion:

- **Agaricus Muscarius :** Sliced mushrooms resemble human ear, so are ancestors believed these were the perfect vegetable to cure earache
- **Chelidonium majus:** European herbalists used the yellow latex of celandine (*Chelidonium majus*, Papaveraceae) to cure liver ailments. As it has celandine, the 20th century English herbalist and author Maude Grieve wrote, "The old alchemists held that it was good to 'super-stifle the jaundice, because of its bright yellow colours.
- **Actaea Racemosa:** Herb is very soft and It is perennial plant 1 to 2.5 met., root is knotted and root of it appears as a Ganglia of Nerve. This medicine is used for nerve and muscle diseases.
- **Lachesis:** Lachesis was the Moira that decided the length of life allotted to each human being and God. (Myth) When not active, Amazonian Bushmasters hide under big rocks, under logs, in spiny palm scrub, or in any hole that fits the size and does not flood, particularly caves by armadillos, agoutis, and rabbits.
- Same as Lachesis person does not want to mix with world. Wants to be off somewhere all the time

- **Pulmo vulpis:** As the fox is probably the longest-winded of all animals, the doctrine of signatures pointed to his lungs as a likely remedy for short breath.⁶ Pulmo Vulpis is a good medicine for respiration distress.
- **Ginger (Zingiber officinale):** Go through the structure of Ginger root, it looks like the stomach. And Ginger is a good medicine for stomach cramp or irritation of stomach.

Conclusion:

Though Doctrine of signature helps us to understand the basic nature of the plants and their relation for curing but Our master Hahnemann told in §108^{foot note} and §110 that we should go through Drug proving on healthy persons to get the proper sign and symptoms which will be beneficial for our Materia Medica.

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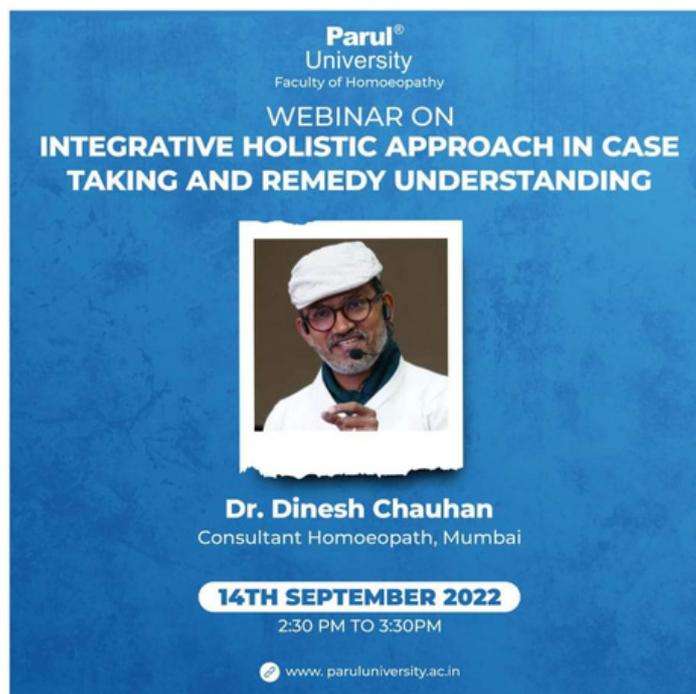
Gallery

Sep22 - Oct22 - Nov22

- On the occasion of Teacher's Day on 5th Sep 2022, Lions's Club Of Vishwamitri Felicitated Dr Poorav Desai as Best Teacher's Awards .



- Webinar By Dr Dinesh Chauhan was organised on 14th Sep 2022.



- Department of Community Medicine Organised an educational field visit on 21st September 2023 for 4th BHMS students at Anganwadi Centre and Health survey at Vyara village taluka Waghodia.



- World Heart day awareness was organised by JNHMCH on 29th Sep2022.



- World Mental Health Day was celebrated in JNHMCH on 10th October 2022 .



- As a part of BHMS Curriculum Department of Homoeopathic Pharmacy organised Visit to Homoeopathic Pharmacopoeia Laboratory Ghaziabad and Industrial Visit to Bhargava Phytolab Pvt ltd Bhivadi from 11th October 2022 to 12th October 2022.



Bhiwadi, RJ, India
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10/11/2022 05:15 PM GMT+05:30

- Global Hand Washing Day was celebrated in JNHMCH on 15th October 2022.



- Dr Poorav Desai was felicitated on 21st October 2022 with Parul Excellence awards on 21st October 2022.



- A pledge taking ceremony was organised to celebrate Rashtriya Ekta Diwas on 31st October 2022.



- 12th November 2022 World Pneumonia Day.



- **14 November 2022 World Diabetes Day.**



Medical Camps

| Month | Number Of Camps | Total Beneficiaries |
|-----------|-----------------|---------------------|
| September | 17 | 1244 |
| October | 03 | 278 |
| November | 08 | 714 |





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